

Activities Calendar

August 2022

at I	JORLINGTON				
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY FRIDAY	SATURDAY
Tropical Oasis	10:00 Move it or Lose it! 11:00 Name That Oldies Tune 2:30 BINGO (MDR) 3:30 Manis & Hand Massages	10:00 Balloon Volleyball 11:00 Culinary: Tropical Smoothies 2:00 Rock & Bowl 3:00 Afternoon Treats & Reminiscing: 6:00 Evening Relaxation	10:00 Move it or Lose it! 11:00 Summer Mad Libs 2:30 BINGO (MDR) 3:45 Stretching to the Oldies	10:00 Seated Cardio Boxing 11:00 Here Comes the Sun Painting 2:00 Cardio Drumming 3:00 Men's Group: 6:00 Rehab Rounds 10:00 Move it or Lose it! 11:00 Flower Arranging 1:30 Weekly News Roun 2:30 BINGO (MDR) 3:45 Hawaiian Party Ha	4:00 Family Feud
 10:00 Religious Services (AR) 11:00 Tabletop Bowling (MDR) 3:00 Elvis Presley – Name That Tune 4:00 Karaoke with Lou Allen Elvis Week 	10:00 Move it or Lose it! 11:00 Elvis Presley Trivia 2:30 BINGO (MDR) 3:30 Manis & Hand Massages	10:00 Balloon Volleyball 11:00 Culinary: Peanut Butter and Banana Sandwiches 2:00 Live Music with Cooper 3:00 Afternoon Treats & Reminiscing: Elvis "The King" 6:00 Evening Relaxation	10:00 Move it or Lose it! 11:00 Elvis Presley Sing-Along 2:00 Live Music with Corey & Birthday Celebration 3:45 Stretching to the Oldies	10:00 Seated Cardio Boxing 11:00 Elvis Presley Impersonation Contest 1:30 Resident Council (AR) 3:00 Men's Group: Men in Hollywood 6:00 Rehab Rounds 9:45 Morning Stretch 10:30 Live Music with Co 1:30 Weekly News Roun 2:30 BINGO (MDR) 3:45 Happy Hour	
10:00 Religious Services (AR) 11:00 Corn Hole 3:00 Sunday News Round-Up 4:00 Card Games (AR) Fruit Fresh	10:00 Move it or Lose it! 11:00 Stamping with Fruit 2:30 BINGO (MDR) 3:30 Catholic Mass with Father Dallas	10:00 Balloon Volleyball 11:00 Culinary: Fresh Squeezed Juice 2:00 Rock & Bowl 3:00 Afternoon Treats & Reminiscing: 6:00 Evening Relaxation	10:00 Move it or Lose it! 11:00 Watercolor Fruit Painting 2:30 BINGO (MDR) 3:45 Stretching to the Oldies	10:00 Seated Cardio Boxing 10:00 Gardening Group (O) 11:00 Ladies Spa Day 2:00 Cardio Drumming 3:00 Men's Group 6:00 Rehab Rounds 10:00 Move it or Lose it! 11:00 Pen Pal Letter Writh 1:30 Weekly News Round 2:30 BINGO (MDR) 3:45 Happy Hour	
10:00 Religious Services (AR) 11:00 Cast Away Fishing 3:00 Heatwave Trivia & Facts 4:00 Card Games (AR) Staying Cool	10:00 Move it or Lose it! 11:00 Squirt-Gun Painting 2:30 BINGO (MDR) 3:30 Manis & Hand Massages	10:00 Balloon Volleyball 11:00 Culinary: Ice Cream 2:00 Rock & Bowl 3:00 Afternoon Treats & Reminiscing: Water Sports & Activities 6:00 Evening Relaxation	10:00 Move it or Lose it! 11:00 Veteran's Club 2:30 BINGO (MDR) 3:45 Stretching to the Oldies	10:00 Seated Cardio Boxing 11:00 Painting with Ice 2:00 Cardio Drumming 3:00 Ice Cream Sundae Social 6:00 Rehab Rounds 10:00 Move it or Lose it! 11:00 Sponge Toss – War 1:30 Weekly News Roun 2:30 BINGO (MDR) 3:45 Happy Hour	
10:00 Religious Services (AR) 11:00 Garden Trivia 3:00 Horseshoes 4:00 Card Games (AR) Summer Harvest	10:00 Move it or Lose it! 11:00 Video: A Day on the Farm 2:30 BINGO (MDR) 3:30 Manis & Hand Massages	10:00 Balloon Volleyball 11:00 Culinary: Dips with Herbs from the Garden 2:00 Rock & Bowl 3:00 Afternoon Treats & Reminiscing: Favorite and Family Recipes 6:00 Evening Relaxation	10:00 Move it or Lose it! 11:00 Resident Farm Stand 2:30 BINGO (MDR) 3:45 Stretching to the Oldies	LOCATION KEY MDR – Main Dining Room AR – Activities Room O – Outside CD – Chittenden Dining Room CU – Champlain Unit MU – Mansfield Unit *Activities and locations are subject to change	



Activities Calendar

August 2022 Seasons

	SUNDAY	MONDAY	TUESDAY		WEDNESDAY		THURSDAY		FRIDAY		SATURDAY
	Tropical Oasis	10:00 Move it or Lose it! 11:00 Name That Oldies Tune 1:45 Sensory Balance 2:30 BINGO (MDR) 3:30 Manis & Hand Massages	10:00 Balloon Volleyball 11:00 Culinary: Tropical Smoothies 1:15 Walking Trail 1:45 Sensory Balance 3:00 Afternoon Treats & Reminiscing: 4:00 Axe Throwing	10:00 11:00 1:15 1:45 2:30 4:00	Move it or Lose it! Summer Mad Libs Walking Trail Sensory Balance BINGO (MDR) Ring Toss	11 Pa	:00 Men's Group	10:00 11:00 1:45 2:30 3:45 4:00 The	Move it or Lose it! Flower Arranging Sensory Balance BINGO (MDR) Hawaiian Party Happy Hour Nature Exploration (AR): Galapagos Islands	10:00 11:00 1:45 3:00 4:00	Chair Yoga Paper Flower Craft Sensory Balance Laundry Basket Basketball Family Feud
10:00 11:00 1:45 3:00 4:00	Religious Services (AR) Tabletop Bowling (MDR) Sensory Balance Elvis Presley – Name That Tune Karaoke with Lou Allen Elvis Week	10:00 Move it or Lose it! 11:00 Elvis Presley Trivia 1:45 Sensory Balance 2:30 BINGO (MDR) 3:30 Manis & Hand Massages	10:00 Balloon Volleyball 11:00 Culinary: Peanut Butter and Banana Sandwiches 1:15 Walking Trail 1:45 Sensory Balance 2:00 Live Music with Cooper 3:00 Afternoon Treats & Reminiscing: Elvis "The King" 4:00 Ring Toss	10:00 11:00 1:15 1:45 2:00 4:00		10	45 Sensory Balance 00 Checkers	9:45 10:30 1:45 2:30 3:45 4:00	Morning Stretch Live Music with Cooie! Sensory Balance BINGO (MDR) Happy Hour Nature Exploration (AR): Hawaii	10:00 11:00 1:45 3:00	Chair Yoga Elvis Craft Sensory Balance Saturday Matinee: Jailhouse Rock
10:00 11:00 1:45 3:00	•	10:00 Move it or Lose it! 11:00 Stamping with Fruit 1:45 Sensory Balance 2:30 BINGO (MDR) 3:30 Catholic Mass with Father Dallas	10:00 Balloon Volleyball 11:00 Culinary: Fresh Squeezed Juice 1:15 Walking Trail 1:45 Sensory Balance 2:00 Live Music with the Butterfields 3:00 Afternoon Treats & Reminiscing: 4:00 Hoop Shoot	10:00 11:00 1:15 1:45 2:30 4:00	Move it or Lose it! Watercolor Fruit Painting Walking Trail Sensory Balance BINGO (MDR) Balloon Baseball	10	00 Cardio Drumming 00 Men's Group	10:00 11:00 1:45 2:30 3:45 4:00	Move it or Lose it! Pen Pal Letter Writing Sensory Balance BINGO (MDR) Happy Hour Nature Exploration (AR): How Fruit Grows	10:00 11:00 1:45 3:00 4:00	Chair Yoga Name That Fruit Sensory Balance Conversation Ball Price Is Right – Food Edition
10:00 11:00 1:45 3:00	Religious Services (AR) Cast Away Fishing Sensory Balance Heatwave Trivia & Facts Staying Cool	10:00 Move it or Lose it! 11:00 Squirt-Gun Painting 1:45 Sensory Balance 2:30 BINGO (MDR) 3:30 Manis & Hand Massages	10:00 Balloon Volleyball 11:00 Culinary: Ice Cream 1:15 Walking Trail 1:45 Sensory Balance 3:00 Afternoon Treats & Reminiscing: Water Sports & Activities 4:00 Uno	10:00 11:00 1:15 1:45 2:30 4:00		1-0	OO Cardio Drumming OO Ice Cream Sundae Social	10:00 11:00 1:45 2:30 3:45 4:00			Chair Yoga MYO Hand Fan Sensory Balance Wheel of Fortune Susie Q Sing-Alongs
10:00 11:00 1:45 3:00	Garden Trivia Sensory Balance Horseshoes	10:00 Move it or Lose it! 29 11:00 Video: A Day on the Farm 1:45 Sensory Balance 2:30 BINGO (MDR) 3:30 Manis & Hand Massages	10:00 Balloon Volleyball 30 11:00 Culinary: Dips with Herbs from the Garden 1:15 Walking Trail 1:45 Sensory Balance 3:00 Afternoon Treats & Reminiscing: Favorite and Family Recipes 4:00 Parachute Ball Toss	10:00 11:00 1:15 1:45 2:30 4:00			LOCATI MDR – Main AR – Activ O – C CD – Chittende CU – Char MU – Man *Activities and location	Dining ities Routside Dutside mplain Usside Markett Ma	Room oom ng Room Jnit Jnit		